

# Coaching Conversation “Look Fors”

Adapted from page 277 in *The Art of Coaching* by Elena Aguilar

Reflective Questions	Evidence/Notes
<p>1. How much time did I talk? Note: As a coach, I strive to talk less than roughly one quarter of the total time.</p>	
<p>2. Did I provide wait time when I asked a question? Did I allow for silence? How did the teacher respond to the silence? Note: I'm always excited when I ask a question that causes a silent pause or "hmmm".</p>	
<p>3. What kind of questions did I ask? Note: Were they clarifying, paraphrasing, mediational, suggestive.</p>	
<p>4. What approaches did I take? Note Was I instructive, collaborative, or facilitative? Was that an intentional choice? How did I decide?</p>	
<p>5. What is my personal goal? Note: This is an opportunity to personalize your reflection.</p>	